

2016-17 Sorrento SLSC Nipper Program

(Nippers bring along Club uniform incl. club cap, hat, bathers, fluoro singlet and your wetsuit & goggles to all sessions)

Date	What	Where	When	Info
November				
Sunday 13 th	SRC/U14 Introductory Session on Long Boards & Surf Ski's	Front Beach	10am	Sean Cummins to teach - back to clubhouse for BBQ & orientation
Saturday 19 th	Uniform Shop	Clubhouse	2-5pm	Pre-order all gear. Boards available for practice
Saturday 19 th	Pre-season briefing session for U8 and new parents	Clubhouse	3.30pm	Age managers to attend
Sunday 20 th	Swim – Pre Evaluation & S Badge (session 1A)	St Pauls Rd Front Beach	9-11am	U8-U13 - distances as specified in handbook Tide: HIGH 8am 0.86m
Sunday 20 th	SRC/U14 - S Badge	St Pauls Rd Front Beach	9-11am	Followed by SRC board training
Sunday 20 th	Competition Training 1	Front Beach	11.30-1pm	Train after completion of S Badge session
Saturday 26 th	Competition Training 2	Back Beach	3-4.30pm	Arrive 2.45pm
Sunday 27 th	Nipper Session 1	All at Back Beach	9am-12noon	U8,U9,U10-9am U11,U12,U13-10am Tide: HIGH 10.48am 1.28m BBQ & Coffees
Sunday 27 th	SRC/U14 – Training	Back Beach	9am	
December				
Sunday 4 th	Junior Carnival #1	South Melbourne	8am-4pm	Arrive 7.15am
Sunday 4 th	SRC/U14 – Training	Front Beach	9am	
Saturday 10 th	Competition Training 3	Back Beach	3-4.30pm	Arrive 2.45pm
Sunday 11 th	Nippers Session 2	All at Back Beach	9am-12noon	U8,U9,U10-9am U11,U12,U13-10am Tide: HIGH 8.50am 1.39m BBQ & Coffees
Sunday 11 th	SRC/U14 – Training	Back Beach	9am	
Saturday 17 th	Competition Training 4	Back Beach	3-4.30pm	Arrive 2.45pm
Sunday 18 th	Nippers Session 3	U8-U10 Front Beach U11-U13 Back Beach	9am-11.15am	Tide: LOW 9.31am 0.49m BBQ & Coffees
Sunday 18 th	SRC/U14 – Training	Front Beach	9am	
Saturday 24 th	Nippers Session 4	Back Beach	9am–11am	U8,U9,U10-9am U11,U12,U13-10am Tide: HIGH 10.41am 0.77m BBQ & Coffees

Date	What	Where	When	Info
Friday 30 th	Nippers Session 5	Back Beach	9am-11am	U8,U9,U10,-9am U11,U12,U13-10am Tide: LOW 11.33am 0.43m BBQ & Coffees
Friday 30 th	SRC/U14 – Training	Back Beach	9am	
January				
Tues 3 rd – Friday 6 th	SRC/U14 – SRC Course	Clubhouse	9am-4pm	
Saturday 7 th	SRC/U14 – SRC Assessment	Clubhouse	9am	
Saturday 7 th	Competition Training 5	Back Beach	10-11.30am	Arrive 9.45am
Saturday 7 th	Club Social Night	Clubhouse	6.30pm	Further details on club website
Sunday 8 th	Nippers Intra Club Carnival 6	Back Beach (conditions permitting)	9am-11.30am	All at 9am Tide: HIGH 7.29am 1.47m BBQ & Coffees
Saturday 14 th	Competition Training 6	Back Beach	10-11.30am	Arrive 9.45am
Sunday 15 th	Nippers Session 7	All at Back Beach	9am-11.15am	U8,U9,U10-9am U11,U12,U13-10am Tide: LOW 7.30am 0.64m BBQ & Coffees
Saturday 21 st	Junior Carnival #4	Chelsea	8am-4pm	Arrive 7.15am
Sunday 22 nd	Sorrento Bay Swim	Front Beach adjacent to Baths	Morning	Club's major fundraiser, require all families to assist U12-U14 encouraged to swim
Saturday 28 th	Competition Training 7	Back Beach	3-4.30pm	Arrive 2.45pm
Sunday 29 th	Nippers Session 8	All at Back Beach	9am-11.15am	U8,U9,U10-9am U11,U12,U13-10am Tide: LOW 7.43am 0.70m BBQ & Coffees
February				
Saturday 4 th	Competition Training 8	Back Beach	3-4.30pm	Arrive 2.45pm
Saturday 4 th	Club Social Night	Clubhouse	6.30pm	Further details on club website
Sunday 5 th	Nippers Session 9	All at Back Beach	9am-11.15am	U8,U9,U10-9am U11,U12,U13-10am Tide: LOW 12.24pm 0.23m BBQ & Coffees
Saturday 11 th	Competition Training 9	Back Beach	3-4.30pm	Arrive 2.45pm
Sunday 12 th	Nippers Session 10	All at Back Beach	9am-11.15am	U8,U9,U10-9am U11,U12,U13-10am Tide: LOW 7.17am 0.61m BBQ & Coffees
Saturday 18 th	Competition Training 10	Portsea Back Beach	3-4.30pm	Arrive 2.45pm
Sunday 19 th	Nippers Family Fun & Presentation Day (Session 11)	All at Back Beach	9am-11.30am	All at 9am Tide: LOW 12.16pm 0.31m
Sunday 26 th	Junior Carnival #7	Hampton	8am-4pm	Arrive 7.15am

Date	What	Where	When	Info
March				
Sunday 5 th	Competition Training 11	Back Beach	10-11.30am	Arrive 9.45am Tide: LOW 11.25am 0.17m
Sat/Sun 11-12 th	State Junior Life Saving Championships	Warrnambool SLSC	7.30am-4pm Both days	Details will be advised
Mon 13 th	Team Surf	Warrnambool East end	9am-12noon	Parents, Water Safety & Nippers surf fun

- All **green** coloured sessions are the mandatory nipper program
- All **purple** coloured sessions are optional competition training and carnival program, paid for separately
- All **blue** coloured sessions are the U14/SRC training program
- Tides are for Port Philip Heads, add 2hrs 10mins for St Pauls Rd Front Beach