

**NIPPERS
NEWSLETTER
SEASON 2015 – 2016
No. 4 – 27 Jan '16**



Coming Nipper Events

- 7.15am Saturday 30 January – Junior Carnival – Regional Qualifier @ Pt Leo SLSC
- 9.00-11.45am Sunday 31 January – Nippers Session 10 9am U8 - U10; 10am U11 - U14 All @ Back Beach
- 3.00pm Saturday 6 February – Nippers Training 7
- 6.30pm Saturday 6 February Social Night 'Hawaiian Theme' @ Clubhouse
- 9.00am Sunday 7 February – Nippers Session 11 9am U8 - U10; 10am U11 - U14 All @ Back Beach

from the NIPPER COORDINATOR

WOW! An awesome session for nippers this week put the skills learned earlier this season to the test in tough conditions. And how well did the nippers step up when it mattered, they were brilliant.

The U8-U10s were out first with a surf swim and boarding. Most nippers had not been forced to push themselves through these conditions before and their mental toughness and composure was outstanding. Many parents learned their nipper will remain calm under pressure and just keep on going, their safety in the surf taking a giant leap forward. The water safety team and age managers were magnificent in maintaining the safest possible environment whilst pushing nippers through their mental barriers. A special mention for Kalypto Tsoukalas Elphick, getting crunched several times on her paddle out, moving well once out and then enduring a giant shore break sky drop. She kept going afterwards highlighting amazing mental strength. We were all so proud of the nipper group; hopefully Shane Fox can recompose himself in readiness for next week.... oh the pride man!!

The U11-U13s were far more experienced in these conditions and the big crowd of tourists watching were treated to all manner of water skills, a couple later donating to the club on the back of what they saw. One piece of artistry was Callum Quinns' pick up and drop off of one nipper who had lost their board well offshore. His silky skills left me dumbfounded in its smoothness and efficiency, the boy and board have become one sometime over Summer! The nipper group as a whole showed what can be achieved when a group of like-minded people from many walks of life come together, a proud day for Sorrento SLSC.

This weekend we are off to Pt Leo for the State Regional qualifiers with the clubs largest contingent ever. I wish everyone the best of luck in having a fun-filled day and I am sure the camaraderie of the group will shine once more. We are all representing our club so let's make sure we are professional, fair and encouraging.

This week's nipper session sees all age groups at the back beach once again. The **U8-U10s will kick off at 9am** (to around 10.45am) with the **U11-U13s starting at 10am** (to around 11.45am). Conditions promise to be far lighter than last weekend so we will try and do some longer distance swim and board sessions.

We will again have our regular BBQ at the clubrooms for all nippers and families starting around 11am so please mingle in and enjoy your surf lifesaving club. Craig will also be cooking bacon and egg rolls from 8.45am for those

that forgot to eat earlier too. Afterwards nippers are encouraged to grab a soft board and head out together to catch a few waves (leave the chequered boards in the racks).

The uniform shop will be open from 8.30-8.55am each week to pick up pre-ordered gear. Please do not look for gear once the session has started, allow our volunteers to watch their own children.

Brett Irvine
Nipper Coordinator



Water Safety have the Nippers Safety Covered at all Times

LSV Carnivals

Saturday, 12 & Sunday 13 March - Victorian Junior Lifesaving Championships, Warrnambool

There are other carnivals available for those keen to do more. As a club we nominate to do select events that fit in with our program and are logistically better for our group. Information regarding other carnivals is available on the link below. If you wish to go as a smaller group to any of these you will be required to bring along water safety and officials yourself. <http://www.lifesavingvictoria.com.au/www/html/1488-carnival-programs--calendars.asp>.

We have powered sites pre-booked for Warrnambool for our group. Please let us know if would like to camp with the group, it is always a lot of fun for everyone.

Gina Fothergill
Competitions Co-Coordinator

Nipper Training

There is no Nipper training this week as we will be attending a carnival on Saturday. Nipper training will continue on right through until the States in Warnambool. Thanks to Blair Johnstone for running these sessions. Anyone else wishing to join the training stream of the program should email us at nippers@sorrentoslsc.com

some INFORMATION & NOTES

Please ensure you arrive at all sessions at least 15mins prior to the start. Also check the location of your nippers sessions before setting out. Parents should always stay with the groups to offer support to age managers and help if their nipper is requiring extra assistance.



The U9's & U10's did fantastically well in trying conditions