

**NIPPERS
NEWSLETTER
SEASON 2013 – 2014
No. 8 – 15 Jan '14**



Coming Events

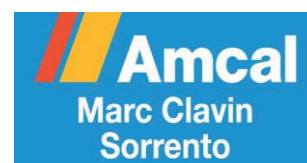
- 4.00pm **Thursday 16th January** - Training Session # T4 @ Back Beach **
- 9.00am (u8 - u10); 10.00am (u11 - u13) – **Sunday 19th January** - Nippers Session # 8 – all @ Back Beach
- 1.00pm **Sunday 19th January** – Parents Session with Nippers
- 4.00pm **Thursday 23rd January** - Training Session # T5 @ Back Beach **
- 8.15am marshalling, 8.30am start (u12 – u14); 8.45am marshalling, 9.00am start (u8 – u11) – **Saturday 25th January** – Junior State Carnival #3 @ Chelsea Longbeach LSC
- 9.00am **Sunday 26th January** – Sorrento SLSC Intra-Club Carnival @ St Paul's Rd Front Beach
- 8.30am **Saturday 1st February** – Regional Championships Carnival at Point Leo LSC

from the NIPPER COORDINATOR

Another big week completed - Nipper training on Thursday, a Saturday Nippers session and then another successful Bay Swim. Well done to Clive Brend and his wonderful family in organising a great event and raising thousands of necessary dollars for the club. It was good to see many of our u12 - u14 nippers out there swimming, particularly Ben Stringer completing his first big swim, a strong effort indeed. Lots of our young Nippers gave it a crack which was particularly impressive given it was their first big swim in open water. Special mention also goes to Isobel Whelan (u14), Sean Cummins (u14) and Jacob Hunting (u13) for competing in the 2km event with great efforts and times. Now's the time to start planning and setting training goals to be ready to compete in next year's Bay Swim.

For four of our Age Groups, the Saturday morning Nippers session was dominated by the Aqua Cameron event. This event involves teams completing wading, swimming and boarding legs, in conjunction with a tactical running approach. It was great to see the Nippers becoming more familiar with the demands of this multi-discipline event as it will be held at the upcoming Carnivals. Those wishing to come along to the external Carnivals, the next being at Chelsea Longbeach LSC on Saturday 25th January, need to contact their Age Managers to express their interest straight away. Our own intra club carnival will be held at St Paul's Rd in a couple of weeks and involves all Nippers participants, just like a regular Nippers session.

Looking ahead to next week, we're expecting some cracking good beach weather for both the Thursday training session and the Sunday Nippers session. The high tide created some challenges for the younger groups last week, but this week's session will commence on a low tide so Nippers should bring their endurance with them as they can expect some distance paddling and swimming.



[more] from the NIPPER COORDINATOR [cont.]

Nipper Training: The next training session is on Thursday 16th January at 4.00 pm. Arrive far earlier (before 3.30pm) to allow time to get to the clubhouse as the car park is likely to be very full and you may need to park a long way away. Email to confirm attendance to nippers@sorrentoslsc.com by Wednesday, 15th January. All money for this is supporting the clubs YIPS program events (u14 - u20).

External Carnivals: We will be attending Chelsea Longbeach LSC on Saturday 25th and Point Leo on Saturday 1st February and competing against other surf lifesaving clubs' nippers. Contact your age managers to register your interest no later than this weekend. Parking will be difficult at these venues so please arrive well before the marshalling time (8.15am for u12 – u14 and 8.45am for u8 – u11).

Social Night: Please make a note for Saturday 8th February in your calendar as the next social night will be held at the clubhouse. More details will be forthcoming soon but it will be a licensed event. I am also told that the desserts will be exceptional so sweet tooths have much to look forward to.

Working with Children Check (WWCC): We still require some parents to complete their Working with Children Checks and link their numbers to our club. Please make contact with Club Vice-President Mick Cummins (michael.cummins@sorrentoslsc.com) if you are having difficulties with this. It is a requirement from Life Saving Victoria (LSV) that we register WWCC numbers for all parents of nippers with our club.

Cheers, and see you on the beach soon.

Brett Irvine, Nipper Coordinator



Justine MacNamara instructing the u12 troops



NIPPER SESSION PHOTOS



Boston Riley right back on the Racing Excel

LOOKING FOR BACK COPIES AND MORE INFO?

Visit the Nippers page of the club's website:

www.sorrentoslsc.com/nippers



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