

**NIPPERS
NEWSLETTER
SEASON 2014 – 2015
No. 1 – 10 Dec '14**



Coming Events

Saturday 13 December – Training Session #2 @ St Paul's Rd Front Beach – 3.00-4.30pm

Sunday 14 December – Nippers Session #3 @ Back Beach – u8, u9 & u10 @ 9.00am; u11, u12 & u13 @ 10.00am

Saturday 20 December – Training Session #3 @ Back Beach – 3.00-4.30pm

Sunday 21 December – Nippers Session #4 - u8, u9 & u10 @ 9.00am Front Beach; u11, u12 & u13 @ 9.00am
Back Beach

Saturday 27 December – Training Session #4 @ Back Beach – 10.00 – 11.30am

Sunday 28 December – Nippers Session #5 @ Back Beach – 9.00am - 12.00 noon

from the NIPPER COORDINATOR

We have had two very good nipper sessions and a hard working training session.

The Pre-evaluation/S Badge swim day saw 174 nippers in attendance, the greatest number to ever attend one of our sessions. We were all very impressed with the nippers' first up efforts. This established a great platform for the nippers to build on and we expect their swimming to rapidly strengthen through December. After the session there were 60+ nippers catching waves together at the back beach highlighting the fantastic camaraderie in the group. Well done to the older nippers who guided the younger ones away from the rocks and included them in the group. Impressively no boards were mangled even when the shore break kicked up!

Training on Saturday was a hard slog as Hayden and Spike pushed the advanced and intermediate groups hard in swimming, boarding and running. The nippers stepped up to the task incredibly well with a special mention to Ben Stringer and Yasmin Swann, their improvement in both physical and mental strength very obvious to all. Watching Duc Luu in the beginners group catch his first little wave and manfully battle his way around a board paddle was brilliant. Watching big brother Duy Luu smashing out strong swim and board efforts as an U14 just highlights how far these nippers develop over the years.

The weather on Sunday was not ideal for parents on the beach but the character of 115 nippers hitting the water was not in question. Tyler Fox' Iron was very strong for a nipper who cut his foot on a rock during the swim, great courage Tyler. Well done to the age managers for keeping the groups together and carrying off a solid session.



[more] from the NIPPER COORDINATOR [cont.]

The water safety helped the older age groups complete a ripping session in the surf and the younger groups in the Bay. Some great waves were caught and some nippers caught their first ever waves. The weather promises to be much warmer next week and I would like to invite all nippers and families to stick around after the session, enjoy the BBQ and coffees/hot chocolates then head out for a group surf and swim.

Bay Swim: This is the club's major fundraiser and will be held on Saturday 3rd January. Those 12 and older can enter via the Bay Swim public entry access from the club website. We require many hands to assist in running the day. Please email Jane Wright (Jane.Wright@SorrentoSLSC.com) with your details if you are able to help.

Working with Children Check (WWCC): We still require some parents to complete their Working with Children Checks and link their numbers to our club. It is mandatory from Life Saving Victoria (LSV) that we register WWCC numbers for all parents of nippers with our club.

Cheers, and see you on the beach soon.

Brett Irvine, Nipper Coordinator

NIPPER SESSION PHOTOS



Experienced IRB Crew Gerry Lute & Tom Morrison welcome the U13 and U14 Nippers back to the club for Season 2014-15



NIPPER SESSION PHOTOS



Anne Bortolussi discusses the SRC program with the U14s

NIPPER TRAINING

The training sessions are designed to put some extra miles into swimming and boarding early in the season. If wishing to attend the training sessions parents MUST register their child/ren via an email to nippers@sorrentolslc.com. The training payment of \$80m per nipper is also required by logging in to their membership account at www.lifesavingonline.com.au. There is a link via the club website.

