

The logo for Sorrento Surf Life Saving Club features the word "sorrento" in a bold, black, lowercase sans-serif font. The letter 'o' is replaced by a red and white lifebuoy. Below "sorrento" is the text "surf life saving club" in a smaller, red, lowercase sans-serif font. The logo is set against a background of white wavy lines representing surf.

sorrento
surf life saving club

Newsletter

Between the Flags



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Welcome to the newest edition of Sorrento SLSC's newsletter "Between the Flags". It has been some time since Sorrento SLSC has had a regular newsletter, and we hope that this regular information hit will let our Members know what has been happening at the Club, and what is coming up.



NIPPERS update

Nippers was back this season with many of the features that had been missing for the previous two Covid affected seasons. While the program retained many of its Covid-safe features such as split sessions, many of the social events and the Nippers BBQ made a welcome return.

Our Nippers participated in the program held at St Pauls Front Beach and our Sorrento Back Beach. A real highlight was seeing approximately 30 Club members (mostly new Bronzies and SRCs and former Nippers themselves) helping out with water safety and as junior age managers. It is great to see our young members giving back to Nippers.

The Intra Club Carnival was another huge success this Season. Just on 80 Nippers choose to compete which gave them a chance to test their skills in a competition environment. Nippers competed in board races, swim races and of course some friendly beach completions such as flags.

A huge thank you must go out to our hard-working Nippers Directors, Andrew Stephens and Liz Atkins and their committee for the success of the program. We thank the tireless commitment of all the Age Group Managers. Their energy on the beach is just so important. So too, several of the parents were also a key to the success out in the water. We thank Paul, Fiona, Jim, Andrew, Kane and their team to make the water-based activities an engaging and educational experience for our Nippers.

And a very special thank-you must go to Kelly Sharples for tireless work in so many spaces; organising social events, running the BBQ and raising the profile through positive marketing are just a few of the many things that she has helped the Club with. Thank you for everything Kelly!

We look forward to seeing all the Nippers and their families on the beach next year for another exciting Season.





PATROLING sorrento





Patrol update

EThe end of January brings us up to having Patrolled our Beach for just on two months so far, and believe it or not we are not even half way there! With an end of Season date being ANZAC Day, 25th April, there is still heaps of opportunities to come and help on your allocated Patrol. A link to the Patrol roster can be found [here](#).

So too, if a date doesn't suit you, and you can help out on another date, please let one of the Patrol Captains know, and they would be very glad to sign you in. Contact details for all Patrol Captains can be found [here](#). Now that we are through the Main Season, Patrols times for the remainder of the Season will be: Saturdays 1:00 – 4:00, and Sundays and public holidays from 10:00 – 4:00.

Our Club Captain, Sean Cummings has created a sharepoint page to upload any Patrol photos. Please get around it and upload some photos [here](#) so we can share them the end of the Season celebration.

[PATROL LINKS](#)
[PATROL CAPTAINS](#)
[PATROL PHOTOS](#)

COURSE

UPDATES

Once again, the Club ran both an SRC and a Bronze Course for our Members early in the Season. Many of our successful candidates have already made it out on Patrol and have also generously been giving up their time to be Water Safety during our Nipper Sessions and also at our major club fundraiser, the Bay Swim.

The Club also ran an IRB ("rubber ducky") Crew and Driver Course. The candidates were all put through their paces and developed the much-needed skills to be able to perform offshore rescues in the surf.

The Club is very grateful for the Trainers and Assessors who volunteer their time to run these and other courses at the Club. A calendar of future courses will be published shortly.







**Have a AWESOME photo?
We would love to see it!**

[EMAIL TO: Sebastian.hales@sorrentoslsc.com](mailto:Sebastian.hales@sorrentoslsc.com)





other bits & bobs

Some of our young members have spotted the re-purposed table tennis table which has found its way into the Club House. It is hoped that this is the start of some equipment that will engage our young Members to hang out at the Club and occupy them in a relaxed and welcoming way to enjoy the facilities.

The Club is grateful to Marc Clavin for his donation of the table tennis table.

club championships

It was wonderful to have some of our energetic Members join in and participate in the Club Championships on Australia Day.

Open Winners

Peter Holland
Bethany Orme

Junior Winners

Cohen Smith
Olivia Gustin

Masters Winners

Adrian Doyle
Jo Hollan



PINK PATROL

#SAVELIVESLIKEAGIRL

Saturday 18, February 2023



SAVE THE DATE

Sean and Erin invite any Club Member to play a part on this day.

When: Saturday 18th of February

Time: 1-4pm

Pink Patrol consists of active female Patrolling members and male champions, celebrating the contribution of girls and women to lifesaving through a designated Patrol at Sorrento.

The aim of this initiative is to acknowledge and celebrate the many contributions women past and present have played in lifesaving. It is hoped the positive role modelling will inspire and empower future generations of women and girls to confidently pursue opportunities in lifesaving and aquatics.

The powerful visual of female leaders and male champions forming a full Patrol, is symbolic of the growth and capability of our female members; illustrating that females are competent lifesavers and building the diversity of lifesavers in active lifesaving roles and leadership.

The Pink Patrol mission is to acknowledge and celebrate the contribution of girls and women in shaping the lifesaving movement, and in doing so, make the opportunities and pathways in lifesaving more visible.



What's Coming UP

The U/13 Development Camp is open to applications. It is a camp run by Lifesaving Victoria and is an opportunity for youth members from lifesaving clubs around Victoria to develop their interpersonal skills, broaden their understanding of lifesaving and support participants as they progress through their lifesaving journey.

Interested Candidates will require Club endorsement, so if your child is interested in taking this opportunity, please contact our Club President, Duncan Stirling Duncan stirling@sorrentoslsc.com to enquire about the endorsement process.

A link to more information from Lifesaving Victoria, including the application can be found [here](#).

OTHER HELPFUL LINKS

LSV latest circular can be found [here](#)

Getting SOCIAL AT SORRENTO SLSC



Thank you to Rhiannon Goodwin and The Boatshed Cheese Factory, both located in Dromana for helping us run this successful event!

This season we had two evening social events that were a heck of a lot of fun! Thank you to the members who participated and showed up with enthusiasm and smiles! It made the events worthwhile!

We had a pleasant and cool evening at the beach with good ol' fashion fun family games

and a sausage sizzle! Tug of War, Egg and Spoon Race and Bobbing for donuts were some of the highlights!

We held the wine event upstairs with its spectacular view and gorgeous sunset. The wines, cheese and atmosphere were top notch and everyone had a wonderful evening relaxing, catching up and getting to know new members.

If you have any suggestions for social events and best dates for your family to be involved, please let Kelly know as we want to make sure you are enjoying some social time at the club and getting to know the members.

***Kelly will be sending out a survey in the next few months and your opinion is appreciated!*





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