

Sorrento Surf Lifesaving Club Newsletter

THE SPRAY

www.sorrentoslsc.com

December 2015

President's message

The season is now in full swing with the Requals completed for most of our patrollers on 28 November, the nipper S Badge day on the same weekend and our beach patrols up and running. A huge thank you to those critical people involved in the set up for the season including:

- Marc Clavin, Duncan Stirling and Dan Bradshaw for their work on the Requal process
- Hayden Owens in pulling the patrol rosters together
- Brett Irvine for all his work in the Nipper set up
- Josie Hunting for her tireless efforts on the membership front
- Gerry Lute and Duncan for ensuring smooth sailing through the gear inspection process.



We have a Surf Rescue Certificate course running this week for our Under 14 group with around 24 candidates participating. It will be great to see our latest wave of youngsters gain their certificate and start heling out with patrols. Thank you to Dan Bradshaw and Jack Jones who will be the trainers for this course.

Unfortunately, we have had to cancel the Bronze course that was scheduled for this week as the external trainer who was booked to deliver the course had to withdraw at the last minute. We intend to reschedule this course in January.

The Clubhouse is looking fantastic after the recent refurbishment and the work done by Chris Baker, Brett Irvine and Craig Plehn has been outstanding. Every time I have been down at the club over the last few months Chris Baker has been there, chipping away at the many tasks required. An incredible effort that I'm sure all members will enjoy over the coming season.

Mick Cummins, President

Senior competition report

The competition season kicked off with the Victorian Endurance Championships held at Half Moon Bay on 21 November. This year the Club was represented by Sean Cummins and 5 of our Under 14 group – Brodie Britten, Boston Riley, Eden Matheson - Coles, Matilda Pearl Muir and Josephine Smith.

This was the first senior carnival for the Under 14 contingent who have been training hard all winter. The conditions were difficult with a howling wind which made the 2.5 km board a real challenge for all of the competitors. It was pleasing to see all our Under 14s tough it out and finish with a smile on their faces.

Sean Cummins won a silver medal in the Under 17 2.5km swim and a Bronze medal in the 10km ski paddle, a great effort in his first ski event.

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Nipper news

Sorrento SLSC Nippers in 2015/16 is again at full capacity with 182 enrolled into a busy program. The main 'Nippers' stream includes 11 sessions along with three carnivals. It started in late November and will conclude mid-February, running each Sunday morning. The 'Training' stream consists of 12 sessions concluding at the States in March. Training runs most Saturday's afternoons in Dec & Feb and Saturday mornings in January. Around 50 nippers attend training sessions and the junior carnival team numbers just over 60.

The re-exposure of many rocks is making entry and exit from the water difficult for all age groups and thus our numbers are capped. Water safety also stagger water entry so there are no true water races without an in-water start. However, the nippers have really enjoyed the seasons start with long paddles and swims building early season endurance.

We have 13 qualified age managers and upwards of 50 water safety keeping events moving on the land and water. The enthusiasm of these people both young and old is why our program remains strong, fun filled and continually challenges our nippers in a safe environment.

Brett Irvine
Vice-President Junior Programs

The Gallery



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Memberships are now overdue

Membership renewals for the 2015/16 season are now overdue. Please use lifesavingonline.com.au to log into the system and renew your membership for the current season.

All members are required to renew their membership each season to remain current, including making payment of \$180 for family membership or \$90 for single membership. Life Members are also required to log into the system and ensure their details are up to date and renew their memberships each season.

It's important that we have your current contact information online, to enable us to continue to send you newsletters and other club communications.

Bay Swim – can you help?

The annual Sorrento Bay Swim is on again January 17 2015. The event is a 2km swim (600m is also available) and is one of the best bay swims in Victoria. It is a great family day as all age groups can get involved and first time swimmers are also catered for. Entries can be made via our [website](#).

The event is only able to be run with the assistance of club members who have always been very happy to assist on the day, so we're again calling for volunteers to help out.

If you are able to help out on the day with either logistics, water safety, admin, set up or take down or with some of the admin leading up to the event please email our secretary, [Jane Wright](#), with your availability and contact details or call on 0412 249 613.

Don't forget, if you have any news or items of interest that you would like to include in our next edition, please drop me a line at newsletter@sorrentoslsc.com

Many thanks

We're on the Web! Check out the club website at www.sorrentoslsc.com

Also, make sure to join our Facebook page Sorrento SLSC (VIC)

