

# Sorrento Surf Lifesaving Club Newsletter

# THE SPRAY

[www.sorrentoslsc.com](http://www.sorrentoslsc.com)

February 2018

## President's message

Well it seems we've had a bit of everything so far this summer weather-wise, but it hasn't stopped the activity at the club.

Our Nipper sessions have been well attended and our new bronzies and SRCs have been out patrolling every weekend which is great. We've attended Nipper carnivals, senior competitions, had a social night and run the Club Championships - and there's still more to come! All in all, a fantastic start to the season.

General club usage has been high, so it's probably timely to remind everyone that the club is for the use of all members. Respect for the club, our equipment and other members is something that we pride ourselves on and we all need to be mindful of this at all times.

As members of Sorrento Surf Life Saving Club we are all fortunate to have access to fantastic clubroom facilities and the use of some state of the art equipment and we must all take responsibility for maintaining and caring for these. For more details about club and equipment use, please see the article at the end of this newsletter.

Our major club fundraiser, the Sorrento Swim, is just around the corner and we're hoping for yet another great event. The Swim is on Saturday 10 Feb this year and is already attracting some great competitor numbers.

As our major fundraiser, we are very reliant on our club members to offer up some volunteer hours to help out both before and on the day. It would be great to see some new faces on the beach on the day so please, if you have some time to spare that morning, let us know that you're available and we'll allocate you a job.

We also have another social night coming up this weekend, and with the Swim next weekend and many weekends of beach weather still to come there's many opportunities to get involved – see you on the beach at some point!

Jane Wright, President

## Bayswim update

The Sorrento Bay Swim is coming together and registrations are starting to flow in. Thanks to the many efforts over the last 14 years from countless volunteers, it is definitely one of the best swims on the Victorian Swim Series calendar.



As you would all be aware there are 3 swims – 600m, 2000m and the Elite 4000m which is growing in popularity. It's a great swim from novices to pros and attracts between 500-600 swimmers. If you're planning to swim and haven't registered yet, please go on-line to the [www.sorrentoslsc.com/swim](http://www.sorrentoslsc.com/swim) website and sign up!

The Sorrento Bay Swim is the biggest fundraiser for the Club for the year, and as such requires a big team of helpers to make it happen. We would love as many volunteers as we can get to help out either on the evening of Friday 9th February and/or on the day of the swim on Saturday 10 February to make the club and our swim event one of the best in the Cousens Great Victorian Swim Series. If you're new to the Club or haven't attended the swim before, it is a great way to

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meet other club members and be part of the Sorrento Surf Life Saving Community...plus it can be a whole lot of fun on such an exciting, action packed day!

Below is a list of jobs that we need helpers for, and any time that you can spare, no matter how big or small, would really be appreciated. If you are able to volunteer for any of the below, could you please either email your name, mobile number and what role you can assist with to [natalie.garner@sorrentoslsc.com](mailto:natalie.garner@sorrentoslsc.com), phone on 0424 000 391 or via the sign up sheet on the club noticeboard.

Friday 9th Feb:

- pack swim registration bags, load trailers ready for event day

Saturday 10th February:

- Set up marquees, trestle tables, registration bags, BBQ, eskis, signage on Sorrento foreshore (from 6am)
- Cook & sell bacon & egg rolls and drinks (8am to 12pm)
- Assist in registration tent (7am-12.30pm)
- Hand out fruit, water and juice to swimmers
- Collect and deliver competitor bags from start to finish line (8-11)
- Water safety (8am to 12.30pm)
- Pack up all equipment and return to Club (12-1pm)
- Event day Photographer (7am-12pm)
- General event day wardens to assist swimmers (traffic/directions/info)

We are very grateful and would like to acknowledge the financial support from our major sponsor for the 2018 Swim in Ritchies IGA Supermarkets and Liquor.

The club will use Ritchies as our primary supplier, but the club also benefits from members using their Ritchies community benefits cards whenever they shop in any Ritchies IGA supermarket or Liquor Store in Victoria, NSW and QLD. Already, Ritchies have donated \$1755.71 to Sorrento Surf Life Saving Club simply by members nominating the club when they show and scan their Ritchies card.

We are also very grateful to our 24 t-shirt sponsors, all of which are local businesses that are supporting the swim. Please support the businesses that support us!

Natalie Garner, Swim Director

## Club Championships

Once again the Club Championships were a great success. It was good to see some new faces (and some old ones) on the podium this year.

Congratulations to this year's champions:

Junior girls:	Josie Smith
Junior boys:	Boston Riley
Open women:	Kerrie O'James
Open men:	Tom Morrison
Masters women:	Ro Moore
Masters men:	Maesson Harbour



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## Social night – BBQ

Our next social event of the season is rapidly approaching – this time it's a barbeque. We will have snags, burgers, salads and more, so come along and enjoy some good food, good company and a great night! The bar will be open, so if you have your RSA we'd love to have you volunteer as staff on the night.

We will kick off at 6.00pm on Saturday 3 February.

All members are welcome – please rsvp to 0431 818 620 with name and number attending.

Cost is \$10 per head or \$30 per family.

See you there 😊

## Clubroom and equipment usage

As members of Sorrento Surf Life Saving Club we are all fortunate to have access to fantastic clubroom facilities and the use of some state of the art equipment and we must all take responsibility for maintaining and caring for these.

### Clubrooms

Over the summer holidays our clubrooms are open till 6pm for the use and enjoyment of our members; toilets, showers and kitchen facilities are available for your use. We encourage all members to use these but I would like to remind everyone that we all have a responsibility to help maintain the club facilities and show respect for other members – and that includes respect for their belongings as well.

- The kitchen facilities are for the use of all members. Please use them to store and prepare your lunch etc but be mindful that food left in the refrigerators has been put there by someone for a specific purpose – under no circumstances should any member 'help themselves' to anything in the fridge that does not belong to them without first checking with a member of the committee.
- If you use the kitchen, please ensure the space is cleaned after your use, spillages are mopped up and food scraps are disposed of correctly. It is the responsibility of all members to ensure this area is kept clean and hygienic for all to enjoy. If you see the bin is full, take the bag out to the skip (behind the building past the outdoor showers) and replace the bin liner with another (look in the drawers!).
- Showers are available for all to use, they are warm and much more pleasant than the public showers so please ensure that they are not left running when no one is in them.
- As a surf club, we are always going to have lots of sand and some water in our clubrooms, but please try to minimise this as much as possible –if you're going through to the showers consider entering the building via the side door through the gear room rather than walking sand through the main building.
- Please feel free to leave your bags etc in the clubrooms, but remember that the clubrooms are locked at 6pm each night. If you find yourself there around that time, please have a quick look around and make sure the showers are turned off, the back door is closed and televisions etc are turned off. Have a quick scan of the kitchen and rubbish situation as well. If you are a parent of a younger member picking them up in the evening, have a look around to make sure everything is in order before you leave.

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## Boards

Boards are there for the use of our members and on a beach like ours damage can occur. Please be mindful of the following:

- Our beach is 'heavy' with rocks and reefs, so care must be taken to avoid these areas – be extra careful not to use the boards in areas where rocks lie below the water as damage to the underside of our boards is our biggest issue. This means no fibreglass boards, racing mals or surf rescue boards on our inside (right) break at low tide or for the 2 hours either side – opt for foam nipper boards instead, but please, still be aware of the reefs and don't run over them.
- Make sure you use a board that you are comfortable with and capable of using - U13s should not be using the rescue boards or racing mals, until we transition them on to the bigger boards later in the season and the Bennett rescue boards are needed for patrols, so your first choice should be to use the unmarked yellow boards or the 'nippers' rescue boards.
- Boards must be returned to the clubrooms and hosed down by 5.30 pm each day so that they are secure when the clubrooms are locked at 6pm. Under no circumstances should boards be left outside the clubrooms or worse, on the beach - if you take a board down, you are responsible for returning it.

Remember, the club and its facilities are there for all members to enjoy and each of us has a responsibility to ensure that these great facilities are kept in good condition so we can enjoy them for many more years to come.

Enjoy our facilities, and your summer, and hope to see you on the beach

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## Have you followed us on Instagram?

Check out the new club Instagram account: [Instagram.com/Sorrento\\_slsc](https://www.instagram.com/Sorrento_slsc)

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Don't forget, if you have any news or items of interest that you would like to include in our next edition, please drop me a line at [secretary@sorrentoslsc.com](mailto:secretary@sorrentoslsc.com)

Many thanks

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We're on the Web! Check out the club website at [www.sorrentoslsc.com](http://www.sorrentoslsc.com)

Also, make sure to join our Facebook page Sorrento SLSC (VIC)

