



sorrento
surf life saving club

Newsletter

Between the Flags

FEBRUARY / 2023

- MARCH 2023 -

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Welcome to the second edition of Sorrento SLSC's newsletter "Between the Flags". We hope that you enjoyed the first newsletter (February). If you didn't see it, or had trouble seeing it, then please find a [copy here](#). It is hoped that this regular information hit will let our Members know what has been happening at the Club, and what is coming up.

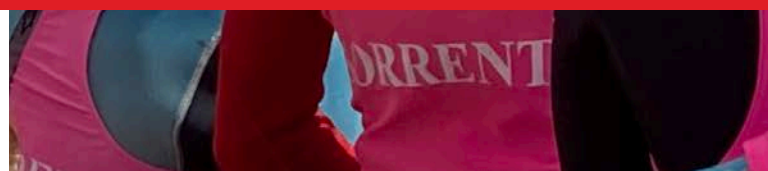


NIPPERS update

Now that the Nippers Season is finished, the Nippers organising group (Andrew, Liz, Kelly and Seb) would be very glad to have some feedback on how next Season can be even better. A quick survey would help us with ideas on what worked well, and what we can do better.


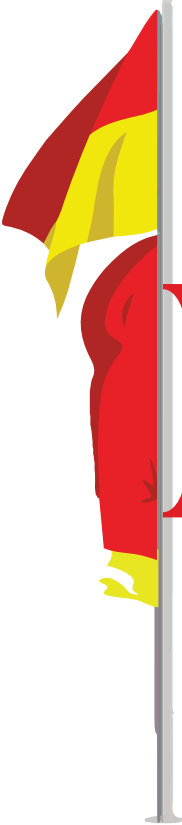


link to NIPPERS survey [here](#)









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Patrol update

The end of February means that we have now Patrolled our Beach 31 times. This included the super successful Pink Patrol. A huge thanks to Erin Doupe, and her helpers for organising this special day to celebrate women in lifesaving.

The powerful visual of female leaders and male champions forming a full Patrol, was symbolic of the growth and capability of our female members; illustrating that females are competent lifesavers and building the diversity of lifesavers in active lifesaving roles and leadership.

With an end of Season date being ANZAC Day, 25th April, there is still heaps of opportunities to come and help on your allocated Patrol.

As always, we would love to have more Patrollers, so if you can't make a date that you have been rostered on for, but can help out on another date, please let one of the Patrol Captains know, and they would be very glad to sign you in.

Now that we are through the Main Season, Patrols times for the remainder of the Season will be: Saturdays 1:00 – 4:00, and Sundays and public holidays from 10:00 – 4:00.

A reminder that our Club Captain, Sean Cummings has created a sharepoint page to upload any Patrol photos. Please get around it and upload some photos here so we can share them on our Social Media platforms and the end of the Season celebration.

course

UPDATES

During January and February the Club ran both a IRB Crew and Drivers Course, and also an adult SRC Course. Many thanks to all of the Trainers and Assessors for their help here, but in particular our Head Trainer, Howard Draper, Gerry Lute (IRB lead trainer) and Duncan Stirling (SRC lead trainer).

It is hoped that we will run a Patrol Captain's award over the Winter, and so too, run First Aid and Advanced Resuscitation (ART) courses for our Members. Watch this space for dates and how to sign up!

It should be noted that any of our Members can sign up to LSV courses and awards that are (typically) run at LSV in Port Melbourne or by other Clubs when they have space.

Available Courses

Date	Location	Course
18 March 2023	LSV State Centre	Advanced Resuscitation Techniques and Oxygen Therapy
18-19 March 2023	Sandridge LSC	Silver Medallion Patrol Captain
18-19 March 2023	LSV State Centre	Training Officer Certificate
1-2 April 2023	Sandridge LSC	Silver Medallion Patrol Captain
15 April 2023	LSV State Centre	Advanced Resuscitation Techniques and Oxygen Therapy
22-23 April 2023	Mordialloc LSC	Training Officer Certificate
29 April 2023	LSV State Centre	Advanced Resuscitation Techniques and Oxygen Therapy
06 May 2023	LSV State Centre	Advanced Resuscitation Techniques and Oxygen Therapy
13-14 May 2023	LSV State Centre	Training Officers Certificate
20 May 2023	LSV State Centre	Advanced Resuscitation Techniques and Oxygen Therapy
03 June 2023	LSV State Centre	Advanced Resuscitation Techniques and Oxygen Therapy
17 June 2023	LSV State Centre	Advanced Resuscitation Techniques and Oxygen Therapy
17-18 June 2023	Frankston LSC	Training Officers Certificate

Members must enrol via mt.lsv.com.au and complete any eLearning before the face-to-face sessions.



other bits & bobs



Leadership Development

2023 U15 Leadership Development Camp - Applications Open

Life Saving Victoria (LSV) is pleased to announce applications are open for the 2023 U15 Leadership Development Camp.

The U15 Camp is an opportunity for youth members to develop their leadership, interpersonal and teamwork skills while also broadening their understanding of lifesaving, as we support participants to progress through their lifesaving journey. Mentored by current outstanding volunteer leaders, participants will have the opportunity to learn, share and network with like-minded lifesavers from across the state over a 3 day live in camp.

The camp will be taking place on the following dates:

**Friday, 5th May to Sunday, 7th May 2023 at
YMCA Anglesea Recreation Camp, Anglesea**

Interested Candidates will require Club endorsement, so if your child is interested in taking this opportunity, please contact our Club President, Duncan Stirling Duncan.stirling@sorrentoslsc.com to enquire about the endorsement process.

A link to more information from Lifesaving Victoria, including the application can be found [here](#).

Other helpful links: [LSV latest circular can be found here](#)

SAVE THE DATE

Register your interest and RSVP

<https://www.eventbrite.com.au/e/sorrento-slsc-end-of-patrol-celebration-tickets-591881221667>



**SATURDAY, 22 APRIL 2023
4:30 PM - 10:00 PM**

4:30 PM - CELEBRATIONS KICK OFF FOR PATROLLERS
BBQ and Drinks Supplied

5.00 PM - PATROL PHOTO

6.30 PM TO 10.00 PM - WHOLE CLUB PRESENTATION NIGHT
*Pizzas & Ice-cream Provided • Award Winners Announced
BYO Drinks (Ice Available)*

We would appreciate your RSVP to Ro or Sean by 16, April for Catering
ro.moore@sorrentoslsc.com - sean.cummins@sorrentoslsc.com

**join the fun.
support the crew.**



LOOKING TO MAKE A DIFFERENCE IN THE COMMUNITY?

At SSLSC we are always looking for helping hands and volunteers. Please reach out to one of our friendly committee members to learn how you can be a part of this great team to ensure the greater community stays safe around the water!

Sebastian.hales@sorrentoslsc.com
Secretary@sorrentoslsc.com



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Secretary: PO Box 395, Sorrento, 3943 Vic.

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